



# KEEP YOUR HAIR IN GREAT CONDITION!

## **DO'S & DON'TS**

Brush hair thoroughly multiple times a day. With your free hand, keep pressure on the base of your extensions to eliminate unnecessary tension and pulling while you brush.

## **DON'T FORGET OIL**

Use a professional branded oil or serum through ends once per day on dry hair.

## **ALWAYS USE PROFESSIONAL PRODUCT**

Use a sulfate/paraben free shampoo and conditioner as well as a leave-in conditioner. Treat with a deep conditioning mask once a week. If applying heat, use a heat protectant.

## **AVOID SWIMMING IN CHLORINATED POOLS OR SALT WATER**

If swimming cannot be avoided, rinse first with tap water and then apply Goldie Locks® Ultra Hydrating Leave-in Conditioner. Before swimming, braid hair tightly to avoid excessive tangles.

## **WORKING OUT, SAUNAS AND THE BEACH.**

When activities take place in damp or humid conditions such as work-Outs, steam rooms, saunas, beaches or lakes, make sure the extensions are dried immediately after. Focus on the top of the weft.

## **AVOID SLEEPING WITH WET HAIR**

Before going to sleep, always loosely braid hair or place in a top knot to avoid matting.

